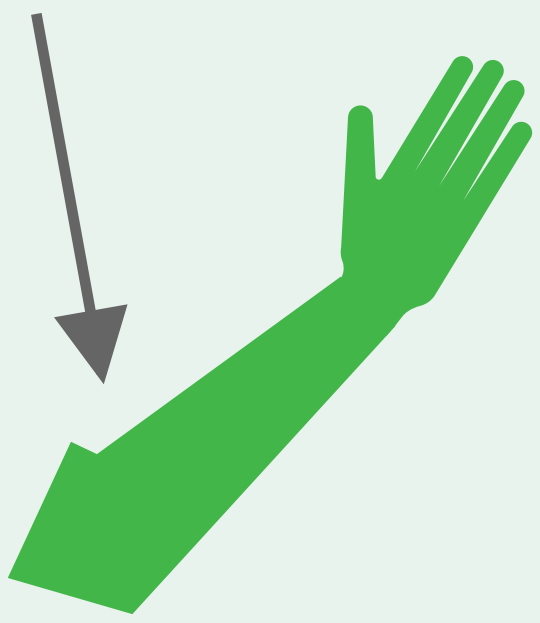


# TAKE 5!

5 steps to help prevent COVID-19

## 1. Hands

Wash them often



## 2. Elbow

Cough into the **bend of your elbow**

## 3. Face

Don't touch it!



## 4. Feet

Stay more than **3 feet apart**



## 5. Feel

Feel sick? **Stay home.**

