

October Is Bullying Prevention Month

Research has shown that consistent responses by adults send a clear message to kids that bullying is not acceptable. This issue has resources for understanding why bullying occurs, promoting positive behaviors and intervening if problems arise.

- The [stopbullying.gov](#) site, from the U.S. government, helps adults talk about bullying, create a safe school environment and initiate community strategies for preventing bullying, including for cyberbullying. This rich site has information on identifying vulnerable emotions, recognizing bullying behavior and prevention tactics. (in English and Spanish; all grades)
- ['Start With Hello' from the Sandy Hook Promise](#) asks students, educators, parents and other community leaders take steps to be inclusive and connected. It includes classroom objectives, discussion questions, key messages, activities and additional resources. (TEKS-aligned; educator guides for grades 2-5 and guides for educators and student leaders for grades 6-12)
- [Mad Feelings](#) is a package with videos from Daniel Tiger's Neighborhood, teaching tips and a classroom activity to help little ones deal with angry feelings. (TEKS-aligned; PK – grade 1)
- [So Funny I Forgot to Laugh](#) is a video from Arthur about what happens when teasing goes too far. Arthur finally realizes he was wrong, but can he find a way to apologize and save a friendship? (TEKS-aligned; grades K-5)
- [Kindness Bingo](#) asks kids to fill a bingo card with acts like reading to someone and helping the teacher. (TEKS-aligned; English and Spanish; grades 1-5)
- [Bullying](#) uses bullying as a topic to help students build literacy skills by watching videos, reading informational text and writing about the role of personal freedom, particularly freedom of speech, and how bullying can limit freedoms. (TEKS-aligned; middle school)
- [Cultivating Leadership Through Self-Acceptance and Forgiveness](#) is a lesson in which students watch videos about self-acceptance and forgiveness and then explore how these qualities relate to leadership potential. (TEKS-aligned; middle school)
- [Two from PBS NewsHour Extra:](#)



- [**This package on bullying**](#) includes videos, lesson plans and supplemental materials to sensitize students to behaviors and problems related to bullying. (middle and high school)
- [**The lesson plan “What Makes Someone a Bystander?”**](#) includes video, handouts and activities to foster discussions on students’ own behaviors. (middle and high school)
- [**Bad Behavior Online: Bullying, Trolling & Free Speech**](#) is a video that explores how the internet can be both a positive and negative force, bringing out harmful behaviors like bullying and trolling. It seeks to foster discussions about internet regulation and free speech online. (TEKS-aligned; high school)
- [**Developing Resilience**](#) is a staff development program for schools seeking to introduce resilience as a core value for students. (TEKS-aligned; high school)



Extra-Curriculars

- [**Take Time for Self-Care During the School Year**](#) is an essay by a teacher on the Teachers' Lounge blog from PBS LearningMedia.
- [**How I Know You Wrote Your Kid’s College Essay**](#) is a good read from the New York Times Learning Network.
- [**Recognize a child for showing exceptional kindness**](#) with the “I Do What I Can” initiative. Any child in grades 1 – 6 can be nominated and all nominees are recognized. [Find details and rules here](#). The page also has a downloadable calendar of daily kindness activities through October.
- [**For the Love of Lit: A Virtual Professional Learning Series**](#) --This free series features fun, engaging tools for classrooms. It was designed for English Language Arts teachers, but it works for everyone looking to enhance their teaching. PBS will provide a certificate of attendance for each one-hour virtual professional learning event.



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