



***Programs and activities that support the core academic focus areas of Science, Technology, Engineering, Arts and Math**

Parenting Resources

Back-to School Tips

- Check out these ideas from PBS Parents for [how to make the morning routine stress-free](#) and manageable.
- The American Academy of Pediatrics recommends that your child's backpack not weigh more than 10-20% of your child's weight to avoid back strain. Read more tips from their [Back-to School health tip sheet](#).



S.T.E.A.M Activities & Games

Play Dunk's Sand Art Spectacular

Dunk the Pufferfish from *Splash and Bubbles* is a budding artist. Choose different shells and colors to help him color in and [decorate the underwater patterns](#) he makes in the sand.

Splash and Bubbles airs weekdays and 10 a.m. & 10:30 a.m. on KERA 13 and at 4:30 p.m. & 12:30 a.m. on KERA 13.2, the 24/7 Kids service.



Back-To-School Crafts and Books

Keep young students engaged and learning even when they are away from school with these fun [crafts projects](#). Then select an age-appropriate [back-to-school book from this list](#) from Common Sense Media to extend the learning.



Summer Learning Challenge Winners

KERA thanks all families who participated in the 2017 [Summer Learning Challenge](#). The two-month-long Challenge provided daily activities for children to complete to keep their reading, math and science skills sharp over the summer. Families that contributed photos of their children completing Challenge activities were included in a digital scrapbook of the summer and entered into a drawing for prizes. Here are the prize winners!



- **PBS Kids Playtime Pad tablet:**
 - Gunner and Siena Link family
- **Tickets to the Wild Kratts Live tour in January 2018:**
 - Jamodu family
 - Munoz family
 - Norris family

Get Up & Go! Art & Seek Activities for Families Four Cures for The Back-To-School Blues

The fun doesn't have to end just because the school year has begun! Treat your family to [one of these four fascinating outings recommended by KERA's Art&Seek Jr.](#)



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Up Next Connecting with Your Child Through Technology

Catch next week's edition to learn more about how to connect with your child through video games and other screen time activities.



Questions? Suggestions? News to share? Contact Kit Lively: klively@kera.org or 214-740-9344

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